

Disciplina: **Lingua e Civiltà Inglese**

Testo: **M. Spiazzi, M. Tavella, M. Layton, PERFORMER B1 PHASES ONE, Lingue Zanichelli**

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Ore settimanali: **3**

WELCOME UNIT

Grammar: to be, there is-there are, subject and object pronouns, possessive adjectives and pronouns, possessive case; definite and indefinite articles, plural of nouns, have got, this-these, that-those, question words, prepositions of place; prepositions of time; imperatives, MUST for obligation and prohibition; CAN for ability, possibility, permission and requests; the time; some, any; Past simple: BE

Vocabulary: countries and nationalities, everyday objects, colours, physical appearance, cardinal numbers, dates, days, months, seasons, places in towns, directions.

Unit 1 Day in, day out

Grammar: present simple, adverbs and expressions of frequency, verbs of like and dislike -ing

Vocabulary: daily routine, free-time activities. Communication: inviting a friend out, accepting an invitation, turning down an invitation. Culture and Competences: "What are Generation Zers mad about?" ; "A day in the life of an astronaut" ; "What is it like in a boarding school?"

Unit 2 It's a matter of style

Grammar: present continuous, present simple vs present continuous, adjective order

Vocabulary: Clothes and accessories; shops and shopping; prices. Communication: speaking about style; going shopping. Culture and Competences: "Are you wearing sustainable fashion?"; "Second-hand shops are booming"

Unit 3 My cup of tea

Grammar: countable and uncountable nouns, some-any-no, how much? How many?, a lot of- much-many-(a) little-(a) few, too much-too many, enough, not enough.

Vocabulary: food and drink, containers and quantities, the menu. Communication: ordering food. Culture and Competences: Let's put a stop to food waste"; "Zero hunger".

Unit 4 This is us

Grammar: past simple: regular and irregular verbs, past time expressions; double genitive.

Vocabulary: family, celebrations. Communication: reacting to information; capital letters and punctuation. Culture and Competences: Saving family memories ; Cultures and celebrations; Families come in all shapes and sizes

Unit 5 Get in the game

Grammar: past simple: modal verbs; subject and object questions; adverbs of manner

Vocabulary: sports, sports and equipment. Communication: talking about past ability, possibility and obligation. Culture and Competences: Linking ideas, linking words

Unit 6 That's entertainment!

Grammar: past continuous; past simple vs past continuous

Vocabulary: films and TV series; adjectives of opinion. Communication: expressing an opinion, commenting about an opinion. Culture and Competences: "An iconic film"

CITIZENSHIP

Eat healthily and don't waste food:

- Top tips to reduce food waste;
- Chef campaigning to tackle food waste;
- Creating a complete menu for a day, checking that it includes enough essential nutrients and a variety of foods.

Cagliari, 03/06/2026

Gli studenti

La docente

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